

VIRGINIA PHYSICAL THERAPY ASSOCIATION INC.  
**THE VIRGINIAN**

A Chapter of  
**APTA**  
American Physical Therapy Association  
*The Science of Healing. The Art of Caring.*

JODY GUNDRUM, EDITOR

FALL 2005

## President's Message

What's happening in Virginia with the Doctor of Physical Therapy (DPT) degree? That is a question I get a lot lately. Sometimes I am asked the question as the President of VPTA, other times as a PT educator, and still other times by other health practitioners curious about our progress. Additionally, more and more practitioners are asking about transitional DPT opportunities: How and why would they get a transitional DPT?

In Virginia, 100% of the PT education programs now have the DPT as the professional (entry-level) degree. This transition occurred in a 5-year time period, much more quickly than was initially anticipated. In our region of the country, 80% of all programs are at the DPT level. Nationally, about 65% of programs are at the DPT professional level, with many more programs poised to transition in the next 2-4 years. The DPT is here to stay. You can be assured that most of the new graduates seeking employment in Virginia will possess the DPT degree.

So, what is so different about the MPT as compared to the DPT? Since the early to mid 1990s, most PT master's degree programs have required more than 90 graduate credits. DPT programs, on average, have only added 8-15 additional credits. Professional master's degree programs and professional doctoral programs both adhere to the same accreditation standards from the Commission on Accreditation in Physical Therapy Education (CAPTE). From the perspective of accreditation, there are no differential outcome expectations for students who graduate with a master's degree versus a doctoral degree. Thus, on a fundamental level, there is much more similarity than dissimilarity

between the two groups of graduates.

So, again you ask, "What is different about the DPT?" For many programs, the biggest change that occurred in the transition to the DPT could be described as a "mindset" change. This change has been accomplished by increasing curriculum emphasis on instilling the values and expectations of the six tenets of APTA Vision 2020: Doctor of Physical Therapy; Evidenced-Based Practice; Autonomous Practice; Direct Access; Practitioner of Choice; and Professionalism.

Some of the content areas that have been enhanced in DPT programs include: 1) greater emphasis on performing medical screens to rule out patients who need medical referral before initiating physical therapy; 2) interpreting medical imaging and lab reports for implications to physical therapy management; 3) organizing,

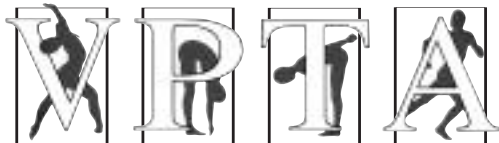
synthesizing, and interpreting history and examination data to determine and communicate a physical therapy diagnosis and prognosis; 4) efficiently locating applicable scientific literature to support clinical practice decisions; and 5) recognizing and accepting the professional duties and responsibilities implicitly expected of a member of a "doctoring profession." As part of the process, most programs have lengthened the clinical education program to allow additional time for students to integrate, synthesize, and apply clinical reasoning concepts under close mentorship.

In general, transitional (or bridge) DPT (t-DPT) programs are intended for experienced PTs who hold a US PT license. Transitional DPT programs bridge the gap between current expectations of the graduate (who is a DPT) and expectations 5-10 years in the past

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### Take the Auction Challenge... Join The List and Be Eligible for a Great Prize!

Check out the list of donors and sponsors to the 2004 VPTA Auction found in this newsletter. You may be on the list or you may have been responsible for getting a donation from someone on this list. We really appreciate your hard work and dedication to this major fundraising effort. This year, we want to reward the folks who are out there soliciting donations and sponsorships. **For each item that you are responsible for bringing in, you will get a chance to win a weekend getaway. In addition to this, for each \$100 in sponsorship money you bring in, your name will be entered into the drawing.** So, hit the pavement and solicit items. You can get donation forms from your district auction captain, chair, or director, or via e-mail by contacting Alison Seger at [aseger@shelteringarms.com](mailto:aseger@shelteringarms.com). The deadline for submitting donation forms for items to be eligible for the contest is September 23, 2005.



**The Virginian**, the newsletter of the Virginia Physical Therapy Association, is published quarterly. The deadlines for submission of materials are the 15th of January, April, July, and October.

Articles and news items of interest should be submitted to **The Virginian**. Letters to the editor must be signed and include an address and telephone number. Articles and letters printed express the author's views only and are not necessarily the official policy of VPTA. All materials submitted are subject to editorial consideration and review.

Ad copy should be submitted to the Chapter Office on an issue-by-issue basis. Checks are to be made payable to the Virginia Physical Therapy Association Inc and must accompany the ad copy. All advertisers will receive copies of the issue in which they advertise; advertising in **The Virginian** does not imply VPTA endorsement of products or services. The right to reject, add, or change wording in accordance with VPTA and editorial policy is retained by the publisher.

The rates for advertising are as follows for camera-ready copy:

Ad Size (width & height)	Newsbrief	Newsletter	Typesetting (if not camera ready)
Full page (7-1/2" x 9-7/8")	limited to two 1/4 page ads only	\$250	+\$60
1/2 page horizontal (7-1/2" x 4-3/4")	limited to two 1/4 page ads only	\$200	+\$45
1/2 page vertical (3-5/8" x 9-7/8")	limited to two 1/4 page ads only	\$200	+\$45
1/4 page (3-5/8" x 4-3/4")	\$200	\$150	+\$35

DEADLINES FOR SUBMISSION OF NEWS ITEMS AND ADS ARE JANUARY 15, APRIL 15, JULY 15, AND OCTOBER 15.

Please submit ads to:

CHAPTER OFFICE  
Debbie Kelly, Executive Director  
PO Box 327  
Alexandria, VA 22313  
800/999-2782, ext 3235  
debbiekelly@apta.org

Please submit articles to:

Jody Gundrum, Editor  
**The Virginian**  
5603 Hampton Forest Way  
Fairfax, VA 22032  
703/822-6578 (W)  
cbags@cox.net

## 2nd Annual VPTA PAC Wine Tasting Party

OCTOBER 20, 2005  
SAVE THE DATE!

The VPTA PAC will be hosting the 2nd Annual Wine-Tasting Party at the home of George Maihafer on that Thursday evening, from 7:00 pm-9:00 pm. Layne Witherwall, the columnist and expert on wines, will again be presenting a number of special wines for the guests to sample. Please see the advertisement that is included in this newsletter so that you can be a part of this special event. Tickets are limited, so sign up quickly!

## VIRGINIA PHYSICAL THERAPY ASSOCIATION 2004-2005

### Officers/Executive Committee

<b>President</b> Rita Wong 703/284-5982 (W) 703/284-5981 (F) rwong@marymount.edu	<b>Treasurer</b> Tom Mayhew 804/828-0234 (W) 804/828-8111 (F) tmayhew@vcu.edu	<b>Executive Director</b> Debbie Kelly 800/999-2782 x 3235 (W) 703/706-3235 (W) 703/706-8575 (F) debbiekelly@apta.org
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### Committees, Workgroups, & Special-Interest Groups

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<b>Continuing Education Approval</b> Mike Tamburello 757/683-4682 (W) 757/683-4410 (F) mtambure@ odu.edu	<b>Legislative</b> Terry Izzo taeng@verizon.net	<b>Payer Relations</b> Benson Howard 804/561-1585 (W) 804/561-7430 (F) ameliaphysical therapy@att.net
<b>Ethics</b> Shawne Soper 804/342-4384 (W) 804/355-9118 (F) ssoper@sheltering arms.com	<b>Membership</b> Tom Boeke 434/295-6515 (W) 434/295-6344 (F) tboeke@spectrum therapy.com	Becky Smith 540/989-7032 (W) 540/989-1299 (F) besmith@hcr-man orcure.com
	<b>Nominating</b> Michael Richardson 434/352-5799 (W) 434/352-9559 (F) mmrichardson235@ cs.com	<b>Practice</b> Vacant

**Committees, Workgroups, & Special-Interest Groups**  
(continued)

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Vacant

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gmaihafe@odu.edu

**Student SIG**

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ldfrazie@msn.com

**2005 Delegates**

Diana Venskus,  
chief delegate  
Katherine Baucom  
Peggy Belmont  
Mark Bouziane  
Jack Echtermach  
Melissa Grove Fox  
Brian Hoke

Terry Izzo  
George Maihafer  
Lisa Shoaf  
Kim Simms  
Rita Wong  
Mike Richardson, delegate-elect  
Betty Cobaugh, alternate  
Judy Witherell, affiliate/RBNA

**Calendar of Events**

**Date Event**

**September**

1 Deadline: Research abstracts for VPTA Annual Conference  
30 Deadline: Applications for VPTA student minority scholarship  
30 VPTA Student Conclave—Staunton

**October**

15 Deadline: Articles for *The Virginian* Winter newsbrief  
22 VPTA membership meeting—Portsmouth  
21-23 VPTA Annual Conference—Portsmouth

**November**

1 Deadline: Nominations for national office  
Deadline: Mary McMillan Scholarship nominations (except PTAs)

**December**

1 Deadline: Names and nominees for APTA committees  
Deadline: Mary McMillan Scholarship nominations of PTAs  
Deadline: Nominees for all other APTA awards

**October 20-22, 2006—Mark Your Calendars!**  
VPTA Annual Conference—Reston

Visit [www.vpta.org](http://www.vpta.org) for more event announcements throughout the year.

**President's Message** *continued from page 1*

(typically consistent with the master's degree). As such, t-DPT programs are not intended to advance clinical skills to a postprofessional level. They are focused on augmenting the knowledge, skills, and behaviors of the practicing PT to be consistent with the existing DPT professional expectations. Increasingly, experienced PTs without a doctoral degree are investigating doctoral options. Each of us must engage in thoughtful self-reflection and career planning as we inform ourselves of the potential roads to pursue for ongoing professional development. For some individuals, the "best fit" option will be a doctoral degree.

Often, when I speak with people who choose to enter a t-DPT program, they indicate that their primary goal in seeking the degree is the personal accomplishment of "degree parity" and the expectation that the learning outcomes are most consistent with their development needs to function in an autonomous practice environment. Others who choose postprofessional doctoral programs (doctor of science in physical therapy, or a PhD) indicate that their primary goal is the significant advancement beyond the professional level of their clinical and/or research skills. Still, others choose to pursue alternatives to an advanced degree. These individuals seek out advanced practice recognition through specialist certification and/or clinical residencies and fellowship training. There are many options open to physical therapists to continue their professional development. The t-DPT is one of many doors open to you. The APTA Web site has a wealth of information on the topic to help you examine your options and guide your decision making.

*Rita Wong, PT, EdD  
President*

**VPTA-PAC Challenge Continues!**

The VPTA Political Action Committee (PAC) is excited to report that the PAC challenge is going forward full steam this summer! As many of you know, the therapists of Rehabilitation Associates of Central Virginia in Lynchburg challenged all physical therapists and physical therapist assistants in Virginia to contribute to the VPTA-PAC for this year's fundraising period. For every dollar raised for the VPTA-PAC, Rehab Associates is matching that, dollar for dollar, up to \$10,000.

We've had many of our active members step up and give to our PAC to be a part of this challenge. Appalachian Physical Therapy and Fitness Center is now pledging \$5,000 to match a major portion of this challenge. Let's make sure that we maximize this pledge drive so that we can have a strong voice in our state's political arena. Please send your contribution to:

Sydney Sawyer, VPTA-PAC Treasurer  
11907 Henderson Ct  
Clifton, VA 20124-2200

Take the time right now to sit down, write the check, and mail it in. Large or small, a check to the VPTA-PAC is an investment in our profession in Virginia. You'll be showing your support while helping all of our efforts.

*George Maihafer  
VPTA-PAC Chair*

# Auction 2005 is Up and Running!

The Annual Auction, one of the largest fundraisers for the chapter, will take place October 22 during the VPTA Annual Conference weekend. The 2004 Auction was one of the most successful fundraising events sponsored by VPTA. We had a record number of sponsorships, items donated, and attendees. Thanks to everyone who had a part—the volunteers who donated hours of their time pulling it together and making sure it ran smoothly the night of the event; the members who obtained donations and sponsorships, and everyone who attended and brought friends and family to an evening of fun and excitement. It will be hard to beat this year, but let's try to make it even bigger for 2005!

The committee is actively seeking donations of items and sponsorships for 2005—please support VPTA with a donation as soon as possible by contacting your district captain (see below)! We are also in need of an Auction captain for Southwest, plus a volunteer coordinator and advertisement coordinator from Tidewater. Please volunteer by contacting Betty Cobaugh at cobaughbd@aol.com.

## 2005 Auction Committee Members

*Central Captain:* Alison Seger, absklb@aol.com

*Blue Ridge Captain:* Bob Kane, rmkane1@yahoo.com

*Southwest Captain:* Kim Simms, interim captain, kimsimms@aol.com

*Tidewater Captain:* Amy Beatty, beattystinker@cs.com

*Northern Captain:* Secili DeStefano, secilid@hotmail.com

A **special thanks** to the 2004 Auction workers, sponsors and donors:

## Committee Members:

*Co-Chairs:* Mark Bouziane and Betty Cobaugh

*Donation Coordinator:* Alison Seger

*Advertisement Coordinator:* Kevin Gibson

*Volunteer Coordinator:* Diana Benton

*Reception Coordinator:* Peggy Belmont

*Checkout Coordinator:* Brian Hoke

*District Captains:* Bob Kane (Blue Ridge), Alison Seger (Central), Sandy Conran and Francie Mitchell (Northern), Paula Warwick (Southwest), and Mark Casto (Tidewater)

## Gold Sponsors

At Home Care, Footwear and Care, Hanger Orthotics and Prosthetics, Retreat Hospital

## Silver Sponsor

Virginia Commonwealth University, School of Allied Health Professions, Department of Physical Therapy

## Bronze Sponsors

American Orthotics, Hampton University School of Physical Therapy, KCI Inc Medical Equipment Distributors, Thomas G Powell Inc, Rehab Associates of Central Virginia, SizeWise, West Home Health Care Inc

## Donors

Abingdon Therapy Services, Trish Alderman, All Dog Playskool, American Family Fitness Center, Appalachian Physical Therapy, Applied Physical Therapy, Art & Frame Studio Ltd, ASIG, Atlantic Physical Therapy, Augusta Medical Center Home Health PT Dept, Augusta Medical Center Outpatient PT Dept, Avon Products, Bacova Trading Company, Baker's Crust Restaurant, Barksdale Theatre, Bath County Community Hospital, Mr & Mrs Brandon Becker, Beggar's Bones, Peggy Belmont, Dr Sharon Benedict, Mo Bennett, T William Bennett, Diana Benton, Bev's Homemade Ice Cream, Blacksburg Physical Therapy Associates, Tom Boeke, Mark Bouziane, Buffalo Wild Wings Restaurant, Cabo's Corner Bistro, Café Gutenberg, Carey Burke

Carpets Inc, Beverly Carlson, Bryan Carlson, Carraba's Italian Grill, Catering by Jill Inc, Cristine Ceely, Center for PT and Sports Medicine, Chesterfield Physical Therapy, Chez Foushee, Children's Hospital of Virginia, Circuit City Store, Inc, CJW Medical Center, Cliff Bruce Portraits, Betty Cobaugh, Jodie Cocke, Cold Stone Creamery, Comfort Restaurant, Commonwealth Medical Equipment, Sandra Conran, Courtside West, Crossroads Art Center "Tile One On" Mosaics, Secili DeStefano, Discount Medical Supplies, DJ's Barber Shop, Dogwood Grille and Spirits, Nora Donahue, D and Suzi Driscoll, Dunn Cook and Associates, Mary Ellen Early, Mr & Mrs James Edge, Empi, Fairfax County Public Schools PT/OT Program, Famous Dave's Bar-B-Que, Cathy Feder, Fence City and Deck City, FloraCulture, Foot Rx Inc, For the Love of Chocolate, Friendship Health Care Center, Garman and Proffitt, Kevin and Manda Gibson, Nancy Gogal, Gold's Gym-Virginia Beach, Great Lakes Seminars, Jody Gundrum, Hand N Hand Therapy-Stephanie Gilliam, Diane Stroud, Pam Wood, Harvest Moon Studio, HealthSouth-Lauren Devart, Kristal Syracuse, Mary Beth Herry, Hi Ho Silver Imports, High Peak Sportswear, Hope Collection, Hurricane Hanks Pub and Grub, Madeline Hutcheson, Inn at Gristmill Square, Inova Commonwealth Care Center, Irvin's Salon Inc, Terry Izzo, Jack B Nimble, Jane Ann Jarrett, Joe's Market, Jones's Catering, Kathy Jones, Crystal Joslin-Mikels, Ana Karim, Karen Karwowski, Jeff Konin, Kris' DJ Service, Lane Sanson Home Eclectique, Latin Ballet of Virginia, Legend Brewing Company, Legend's Salon and Day Spa, LeVin's of Virginia, Kelly Lewis, Lewis Ginter Botanical Gardens, Lewis Mittman Inc, Terri Long, M W Lewis Photography, Maggiano's Little Italy, Rick and Lori Magnuson, George Maihafer, Martha Jefferson Hospital Outpatient PT Care Center, Mary Angela's Pizza and Subs, May Physical Therapy, Lynn McDaniel, Patrick McKoen, Mechanicsville Drug Store, Medicaltees.com, Mekong Restaurant, Mid-Atlantic Turbochargers, Anne Miller, Mister Roberts Ladies and Mens Sportswear, Francie Mitchell, John Mitchell, Moe's Southwest Grill, Mongrel, Mystery Dinner Playhouse, Nail Academy of Virginia, Nauticus, New Balance of Virginia Beach, New York Delicatessen, Notato Potato Inc, Sharon Nuzik, O'Charley's, Occassionally, Old Dominion University PT Program, Opulence Salon and Day Spa, Orthopedic Physical Therapy, Osaka Sushi and Steak House, Osteoporosis Diagnostic and Treatment Center, Otto Bock, Outback Steakhouse, Pampered Chef-Valerie Geer, Megan Wilkinson, Panera Bread, Tom Pastoric, Peak Experiences Rock Climbing Center, People's Income Tax, Physical Therapy Works Inc, PhysioTech, Pink, Plantation Peanuts of Wakefield, Private Stock Cigar and Wine Company, Private Style, Professional Therapies Inc, Professional Therapies of Roanoke Inc, Providence Golf Course, PSIG, PT Department of Central Virginia Training Center, Quest Seminars, Ramada Plaza Oceanfront Resort, Rehab Health Care, Rehab Management Inc, Rehab Plus Associates-Ron Brocata and Therapy Staff, Rehabilitation Associates of Danville, Retreat Hospital Therapy Department, Richbrau Brewing Company, Richmond Athletic Club, Richmond Braves, Richmond Ice Zone, Richmond Kickers, Richmond Riverdogs, Robert Mondavi Winery, Doug Rohr, RTW Solutions PLLC, Ruby Tuesday, Running ETC, John and Jan Rushton, Diana Venskus and Sydney Sawyer, Science Museum of Virginia, Second Time Around Antiques, Katherine Baucom and Allison Seger, Shenandoah University Classes of 2005, 2006, and 2007, Shenandoah University PT Program Faculty, Smith and Nephew, Sneed's Nursery, Dr Mary Snyder Shall, Shawne Soper, Becky Spaabauer, Spectrum Therapy, Strawberry Street Café, Lynn Sullivan, Sunspots Studios, Tappahannock Pharmacy, The Crossings Golf Club, The Home Team Grill, The Homestead Resort, The Jefferson Hotel, The Melting Pot, The Museum and White House of the Confederacy, The Red Robyn Restaurant, Theatre IV, Theraquip, Carol Thigpin, Tidewater Community College PT Assistant Program, Trinity Physical Therapy PC, Tuffy Auto Service, Universal Hospital Services, University of Virginia Athletic Department, Valentine Museum-The Richmond Center, VCU Athletic Department, Virginia Aviation Museum, Virginia College of Osteopathic Medicine, Virginia Commonwealth University Classes of 2004 and 2005, VPTA Annual Conference Committee, Central District, Northern District, Southwest District, Board of Directors, Heidi Wegner, Westport Health Care Center, Wintergreen Adaptive Skiing Program, Layne and Judy Witherell, Mindy Wokfe, Rita Wong, YMCA of South Hampton Roads

*Betty Cobaugh, PT, and Mark Bouziane, PT  
Co-Chairs*

## Hampton University News

- **Karen Kott, PT, PhD**, obtained a grant to research **Accessibility to Health Programs in the Community for Individuals with Developmental Disabilities** in the amount of \$19,850, awarded by Hampton University Health Disparity Reduction Project for 1 year, ending September 2005.

Kott and clinician colleagues from Children's Hospital in Richmond will present the following poster at the III Step Conference Linking Movement Science and Intervention in Salt Lake City, Utah, on July 19, 2005:

*Comprehensive Upper Limb Analysis for Treatment Planning and Outcome Documentation in Individuals with Cerebral Palsy and Traumatic Brain Injury*, **Wesdock K, Kott K, Rasnake E, Masiello G, Monasterio E, Sharps C.**

- **Sung You, PT, PhD**, published two articles in peer-reviewed journals:

1 **You SH, Jang SH, Kim Y-H, Hallett M, Ahn SH, Kwon YH, Kim JH, Lee MY.** Cortical reorganization and associated locomotor recovery after virtual reality in patients with chronic stroke: an experimenter-blind preliminary study. *Stroke*. 2005 Jun;36(6):1166-71. Epub 2005 May 12.

The American Heart Association interviewed You in April about the use of virtual reality in the rehabilitation of patients with stroke. This interview was aired nationally by ABC News, as well as other news station outlets, in the month of May.

2 **You SH.** The validity and reliability of the Sensesite Measure: a preli in elderly fallers. *Arch Phys Med Rehab*. 2005;86(2):346-352.

## Continuing Education Approval Committee Report

The role of this committee is to evaluate and respond to the material submitted for CE approval using the policies set by the Virginia State Board of Physical Therapy. Three independent reviews of the CE packets are performed, and approval is granted based on a majority recommendation. The goal of the committee is to grant CE hours for coursework that is applicable to the clinical and administrative practice of physical therapy and has reasonable substance and evidence to support granting CE hours. Fees from the CE applications continue to be a steady and significant source of non-dues revenue income for VPTA. If you have a few hours per month to review VPTA continuing education applications, I would like to hear from you! Each course application usually requires 15 minutes or less to review, with an average of 3-4 per month sent to a reviewer. Please contact me at [mtambure@odu.edu](mailto:mtambure@odu.edu) with what area(s) of expertise you are able to review.

*Mike Tamburello, PT  
Committee Chair*

*Looking for a PT or PTA?*

Advertise in the VPTA Web site  
Classifieds [www.vpta.org](http://www.vpta.org)

### **HAMPTON UNIVERSITY DEPARTMENT OF PHYSICAL THERAPY**

## *Faculty Position Available*

The Department of Physical Therapy at Hampton University is currently inviting applications for one 12-months position at the rank of Assistant or Associate Professor to teach the neuromanagement content of the curriculum.

Qualified applicants will have a clinical degree in Physical Therapy, a post professional degree (PhD, EdD, DSc), minimum of three years of clinical experience in Physical Therapy, teaching experience at the clinical level or academic level. A DPT with clinical specialization will be considered. Other responsibilities include participation in research, and service.

Hampton University is located in Southeastern Virginia on a beautiful waterfront campus, 30 minutes from Virginia Beach and historical Williamsburg. Great outdoor activities are easily accessible (sailing, golf, canoeing, surfing etc.)

Interested individuals should e-mail or fax a cover letter and curriculum vitae to:  
Marilys G. Randolph PT, PhD, Chair  
E-mail: [marilyns.randolph@hamptonu.edu](mailto:marilyns.randolph@hamptonu.edu)  
Fax: 757-728-6546; Telephone: 757-727-5260.

## Research Presentations at VPTA Conference

Please come out on October 21 at 4:00 pm at the VPTA's 2005 Annual Conference, and support the speakers for this year's poster presentations and an evidence-based practice panel discussion session titled: "Geriatric Orthopedic Rehabilitation: Evaluation and Intervention Decision Making Approaches Using Evidence."

The Panel Discussion Session is a new format for the VPTA Conference. Please join your colleagues in exploring current clinical treatment approaches.

If anyone would like to participate in the poster presentations, the deadline for submission is September 1. Information regarding the poster presentation format can be found on the VPTA Web site. If you have any questions regarding the research presentations, or would like to suggest a topic for future sessions, please contact Mike Krackow, research chair, at mkrackow@jchs.edu, or by phone at 540/224-4478.

## Payer Relations Specialist Update

In our roles as physical therapists and physical therapist assistants, insurance issues affect us all on a daily basis. Navigating through the unique complexities of each insurer can become frustrating. In response to the needs of the VPTA membership, the Payer Relations Specialist position was established. In April 2005, I was given the opportunity to serve in this capacity for the organization. My background includes not only practicing as a physical therapist but also working in utilization management and in administration for Anthem Blue Cross and Blue Shield for almost 10 years. As everything in life seems to have a higher purpose, so did my seemingly odd decision to leave full-time physical therapy practice and work for a managed-care organization. I now can bring to my professional organization something unique and hopefully useful in implementing positive change.

As with any job, the position of Payer Relations Specialist has a list of associated goals and objectives, the most important of which is establishing strong contacts with the primary third-party payers in Virginia. Through these relationships I will educate the third-party payers about the physical therapy profession and the mission of VPTA. I will also facilitate the communication of pertinent information regarding each insurer to the VPTA membership. I plan to use *The Virginian* and the VPTA Web site as primary modes of communicating with you.

Only with your support and input can the position of Payer Relations Specialist be fully effective. I encourage you to share any questions or issues you have regarding third-party payers with your designated district chair. The chair will then communicate issues that require further investigation/comment with the co-chairs (Benson Howard and Becky Smith) of the Payer Relations Committee, who will either address the issue or refer the item to me for further analysis.

I am optimistic about the impact that VPTA can have on the managed care industry and feel very fortunate to be a part of it all.

Angela Brooks, PT  
VPTA Payer Relations Specialist

## Proposed Bylaws Changes

The following proposed Bylaws changes will be presented to the chapter membership for approval on October 22, 2005. The proposed changes are in response to the VPTA Southwest District's request to add a sixth district to Virginia, resulting in two additional members to the Board of Directors for the chapter. In the current Bylaws, the number of Board of Directors is less than what will result from this additional district.

### Notice of Proposed Bylaws Changes

#### Article VIII. Board of Directors and Executive Committee Section 1. Board of Directors

**A. Composition.** The Chapter Officers and Directors shall constitute the Chapter Board of Directors, hereinafter referred to as the Board.

3. The Board shall be composed of no fewer than ~~ten~~ *eleven*, no more than ~~seventeen~~ *eighteen* members.

Support Statement:

There are six (6) Executive Committee members when there is a President-Elect. With the additional district structure—six districts with two representatives per district—the maximum total number of Board members would be eighteen (18) during a President-Elect year. With six (6) Executive Committee members and one representative from each district the minimum total would be eleven (11).

The following changes are editorial, due to the above revisions:

#### Article X. Nominating Committee

##### Section 1. Members

**A.** The Nominating Committee shall be composed of ~~five~~ *six* active, retired active, or life members in good standing, one from each District, who have been active, retired active, or life members of the Chapter for at least two years preceding their election.

Support Statement:

With the added district the total would be six.

#### Article X. Nominating Committee

##### Section 1. Members

**B. Members.** The members of the Nominating Committee shall be elected for a two-year term by the Chapter at the Annual Meeting in the following manner: Northern Virginia, Central and Tidewater Districts elected in even numbered years, to take office on the first day after the Annual Meeting; and Southwest, *Valley Ridge* and Blue Ridge Districts elected in odd numbered years, to take office on the first day after the Annual Meeting.

Support Statement:

(Note: For the purpose of this document, the new district is temporarily labeled Valley Ridge.)

The adding of Valley Ridge to the odd years will place three (3) districts in each designated election year.

# A Whole New Ball Game in the Virginia General Assembly

At the 2001 General Assembly Session, the Virginia Physical Therapy Association (VPTA) scored a significant victory for physical therapists around the Commonwealth by securing the passage of a law that increased direct access to services provided by physical therapists. This victory was due in part to the close working relationships the Association developed with members of the General Assembly. These relationships proved to be an extraordinarily important asset that allowed the Association to effectively promote and protect the vital interests of our profession.

But that was then.... and this is now: The General Assembly is a radically different place than it was just 5 years ago. Since redistricting in 2001, a substantial turnover of seats has occurred in the General Assembly, and this turnover still continues. When the 2006 General Assembly convenes in January, there will be at least 44 (out of 100) different delegates and 8 (out of 40) different senators than in 2001. The Senate Education and Health Committee and the House Health, Welfare, and Institutions Committee, which are the two committees responsible for the majority of the issues important to our Association, have experienced and will continue to experience significant turnover.

This is a brand new ball game for VPTA—we are dealing with a brand new General Assembly. This November, all 100 seats of the House of Delegates are up for election. Virginians will also elect a new Governor, Lieutenant Governor, and Attorney General. We must reintroduce ourselves, our Association, and our issues to these new policy makers, while we continue to strengthen our existing relationships with veteran legislators. Our professional interests demand this type of attention, and thus, we must ask that you help our efforts to protect your interests, and the interests of every physical therapist and physical therapist assistant throughout Virginia. You can start by knowing who your legislators are and taking the time to meet them this election season. Getting involved with the VPTA Legislative Committee is a great first step, and VPTA



Lisa Shoaf represents the VPTA-PAC at a fundraising event for State Senator Steve Martin, a member of the Education and Health Committee.

is planning a Legislative Day in Richmond in early January. Contact Terry Izzo, state chair, at [taeng@verizon.net](mailto:taeng@verizon.net) to find out how you can become involved, and visit [www.vpta.org](http://www.vpta.org) for updates throughout this election season and beyond.

The VPTA-PAC (Political Action Committee) has played an important role in lobbying our concerns before the State. Please send a contribution—whatever you can afford—to:

VPTA-Political Action Committee  
c/o Sydney Sawyer, Treasurer of the VPTA-PAC  
11907 Henderson Ct  
Clifton, VA 20124

## Award Candidates Needed

Nominate your colleagues! The Beb Cash Award and the Scott Sullivan Award are given at the VPTA Annual Conference to recognize professionals for outstanding contributions to clinical excellence and leadership in the profession of physical therapy. Beginning this year, we are requesting a nomination from each district for both awards. All finalists will be recognized at our VPTA Annual Conference with one nominee receiving each award.

Please go to the VPTA Web site and click on "Student Affairs" and then "Student Awards and Stipends" to view the criteria for both awards. Give nominations to either your district chair or nominating chair, or e-mail me directly at [mmrichardson235@cs.com](mailto:mmrichardson235@cs.com).

*Michael Richardson, PT  
State Nominating Chair*

## VPTA Web Advertising

Did you know that you can advertise your practice and/or search for employees or jobs by going to our Web site, [www.vpta.org](http://www.vpta.org)?

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It was a very exciting time for physical therapist assistants at this year's Representative Body of the National Assembly (RBNA), National Assembly, and House of Delegates meetings in Boston this past June. Many issues related to PTAs were discussed and voted on, with the largest topic being the organizational restructure and realignment of PTAs within APTA.

The RBNA met on Sunday, June 5. Of the 12 motions (ARs) voted on, six related directly to the dissolution of the National Assembly and associated organizational changes, two related to PTAs achieving the full vote and full apportionment for delegates at the chapter level, two discussed recognition of advanced proficiency of PTAs, one recommended elimination of the term and membership category "Affiliate," and one stated the 2006 goals for the National Assembly. The RBNA passed all ARs, including those in support of the organizational restructure and subsequent formation of a PTA Caucus.

A special meeting of the National Assembly membership convened later that afternoon, giving the general membership the opportunity to discuss and vote on the proposed reorganization. The resolution in support of the revised governance structure was passed with a large majority.

The House of Delegates took place from Monday, June 6, to Wednesday, June 8. Of the 34 motions (RCs) brought forth, eight (RC-6 through RC-13) directly addressed the reorganization of PTAs within the governance structure. All eight passed in the House. This included RC-14 eliminating the "Affiliate" terminology, as well as RC-15, which includes PTAs in petitions to form a chapter. RC-16 and RC-17, providing for a full vote and full apportionment for PTAs at the chapter level failed, but much constructive dialogue was generated during the discussion. RC-22, clarifying language within the policy "Direction and Supervision of the Physical Therapist Assistant" also passed.

For more details related to specific motions, please contact me directly or refer to the National Assembly pages at [www.apta.org](http://www.apta.org).

## What does the reorganization mean to me?

Briefly, the reorganization of the PTA governance structure eliminates inefficiency, better integrates the PTA within APTA, and allows for more PTA representation and participation. Major points include:

- Dissolution of the National Assembly of Physical Therapist Assistants and its RBNA to better integrate rather than separate PTAs within the Association.
- Creation of a PTA Caucus to replace the RBNA and to maintain nationwide representation of chapter members. One PTA will be elected or appointed from each chapter to attend the PTA Caucus prior to the annual House of Delegates.
- Formation of an Advisory Panel of PTAs to provide a formal direct link to the APTA Board of Directors on Association issues related to PTAs as well as to assist with the transition to the new structure.

- Establishment of PTA slots on existing APTA Advisory Panels (such as Education and Practice) to ensure representation and collaboration.
- Increased from two to five the number of PTA delegates to the annual House of Delegates, providing regional representation.
- Elimination of the separate membership grouping and terminology "Affiliate"; PTAs are now referred to as "Physical Therapist Assistant Members of APTA."

## Call for PTA Participation

Along with the new organizational structure, there are new opportunities for PTA input and involvement. One way to get involved is to volunteer to serve or nominate other PTA members to serve on advisory panels. Panels provide an excellent means by which PTs and PTAs can work together to meet challenges facing the profession. Advisory panel members are appointed by the APTA Board of Directors from a pool of candidates. Interested candidates must submit their names to APTA by completing the "Appointed Group Pool Biographical and Consent Form" located at [www.apta.org](http://www.apta.org). Appointments to panels are based on the applicant's area of expertise as well as the specific needs of a particular panel. Information regarding specific advisory panels, upcoming vacancies, and the consent form are located on the APTA Web site. From the APTA homepage, select "Communities," and then "Committees," found under the "Governance" heading. If interested in serving on a panel in 2006, you must submit your information to APTA no later than January 1, 2006.

If you don't feel you are ready for participation at the national level quite yet, there are many opportunities to serve on committees and boards at the district or chapter levels. Start by attending your district meetings and see what interests you. Also, remember to communicate throughout the year with your PT delegates and PTA representatives regarding issues important to you. They are your representatives and need your input. All local and state contact information may be found at [www.vpta.org](http://www.vpta.org). While on the subject, please be sure to personally thank your Virginia Delegates to this year's APTA House for their continued unwavering support of the PTA. Our delegation brought forth the motion supporting the full vote for PTAs at the chapter and section levels and fought the good fight. We are fortunate to work with therapists so dedicated to the PT-PTA team and who are willing to go to bat for us at the national level.

I sincerely hope to see you at upcoming district meetings and at the Annual Conference in October. Until then, feel free to contact me via e-mail at [witherell@vcu.org](mailto:witherell@vcu.org) if I can answer any questions.

*Judy Witherell, PTA, CLT-LANA  
2005 RBNA Representative*

## Chief Delegate's Report

Once again, Virginia delegates had a strong voice at this year's House of Delegates meeting. Virginia contributed substantively and thoughtfully to both presentation and debate throughout the HOD process. Virginia introduced three issues for debate this year:

- 1) RC 16 and 17: Passage of these motions would have provided the physical therapist assistant member one vote at the chapter or section meetings or elections. The House of Delegates defeated RC 16; the companion motion was withdrawn.
- 2) RC 19: To help clarify the role of physical therapists, particularly with respect to health and wellness as defined in the *Guide to Physical Therapist Practice*, the House of Delegates amended the Association's 2006 goals by amending Goal 1 and adding a new goal. The remaining goals were renumbered.

Goals that Represent the Priorities of the American Physical Therapy Association:

Goal I: Physical therapists are universally recognized and promoted as the practitioners of choice for persons with conditions that affect movement and function.

Goal II: Physical therapists are universally recognized and promoted as providers of fitness, health promotion, wellness, and risk-reduction programs for persons across the life-span to enhance quality of life.

- 3) In addition to the above, Virginia signed on as co-sponsor to the series of RCs that resulted in restructuring the National Assembly. The outcome of the restructuring is more complete integration of PTA members into the Association's governance structure and increased PTA influence.

The APTA HOD made significant advances again this year. On the surface it may seem that significant time was spent on practice issues in lieu of "more important" issues that direct the future of practice. This was a bylaws year. Once every 5 years, the Association reviews and debates practice issues that ground daily physical therapy practice. In addition, several public statements are recorded that will affect physical therapy in the future. Included among them are: 1) a stronger statement related to Medicare direct access; 2) access to health care coverage for Americans; and 3) endorsement of physical therapy activity goals for *Healthy People 2010*.

Full details of the 2005 HOD are summarized in the June 14 *PT Bulletin Online*, available at: [www.apta.org](http://www.apta.org) and [www.ptbulletin.com](http://www.ptbulletin.com).

Again this year, I received laudatory comments from other delegates regarding Virginia's performance. Virginia acquired several allies in the political process this year due to outstanding "lobbying" and communication with other delegations.

Please contact any delegate for more information about this year's HOD process. If you are interested in serving as a delegate, I invite your questions. On behalf of all VPTA delegates, thank you for your support and trust. Please let us know how we can continue to best represent you.

*Diana Venskus, PT*

## Treasurer's Report

VPTA ended its fiscal year on June 30, 2005. Again, this year we were able to stay within budget on expenses and exceed some of our income estimates resulting in an excellent financial position for our Association. This year we transferred some large cash balances to our investment accounts, according to our investment policy, which has given us a healthy reserve for future needs. The Finance Committee met this year in May and carefully examined the proposed budgets from the various programs and brought the 2005-2006 budget into balance with projected revenues. As of June 30, 2005, our account balances were as follows:

<b>Cash Accounts</b>	
Cash in Checking	\$14,180.46
Cash in Money Market Account	<u>\$22,235.17</u>
<b>Total Cash Accounts</b>	36,415.63
<b>Long Term Reserves/Investments</b>	
Vanguard 500 Index Fund	\$156,217.94
Vanguard Bond Market Index Fund	<u>\$104,676.73</u>
<b>Total Reserves</b>	\$260,894.67
<b>Total VPTA Assets</b>	\$297,310.30

*Thomas Mayhew, PT, PhD*  
*VPTA Treasurer*

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# District Reports

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## Blue Ridge District

Commitment is the one quality above all others that enables a potential leader to become a successful leader.—*John Maxwell*

Hello to the rest of Virginia from the Blue Ridge District (BRD)! We in the BRD know what is going on because of the wonderful Blue Ridge Physical Therapy Association newsletter. This newsletter is being distributed to all of the district members twice a year, winter and summer. It is not only informative about the news in our district, but serves to make money to offset the expense of the creation and distribution of the newsletter by providing advertisements in each issue. Kudos to Melissa Fox, editor, for another great job!

As for events that might interest you, we had a meeting on May 10 at Warren Memorial Hospital in Front Royal. The education program was "The Use of Laser in Wound Healing and Pain Syndromes," by Dr Andrzej Zeilke from the Pittsburgh, Pennsylvania, area. There were great discussions at the business meeting, with few in attendance. The rest of you just missed out! The annual BRD picnic was held on Saturday, July 23, at my house, and a good time was had by those that came, ate, drank, played, and relaxed after another busy week. We invited members and nonmembers in an attempt to create enough guilt that nonmembers would join. VPTA/APTA sign-up sheets were available and it was insisted that they sign-up before leaving as we disabled their car, and a signed membership application was the ticket for leaving privileges.

The September meeting is slated for Woodstock and November's will be in Culpeper. You might not notice if you are not from BRD, but all of the meetings this year were held intentionally in facilities that NEVER hosted a meeting before. We felt this would potentially allow members to attend that typically would not, and promote attendance of potential new members just checking us out for the first time.

I hope you had a great summer and I look forward to seeing many of you at the VPTA Annual Conference in Portsmouth.

*Doug Rohr, PT  
Blue Ridge District Chair*

## Central District

It's amazing how fast time goes by. We have completed our round of spring district meetings, and we're currently taking a hiatus, as usual, over the summer months. Chad Taylor, PT, spoke at our April meeting on Shoulder Rehab; Diana Venskus, PT, PhD, our chief delegate, spoke at our May meeting regarding House of Delegates issues at PT 2005: Annual Conference & Exposition of the American Physical Therapy Association. Our next district meeting is scheduled for September, with "Legislative Issues" as the topic.

Central District members have been heavily involved in the community. We sponsored a water booth during Ukrop's Monument 10K run in April. Proceeds from the 10K benefit ASK—The Association for the Support of Children with Cancer—which in turn sponsors the ASK Pediatric Hematology/Oncology Clinic at VCU Health Systems. Members also participated in a Habitat for Humanity project in July in the city of Varina. Many thanks to our volunteers and to Kevin Gibson (PR chair) for their hard work.

As for other district events, nominations for the positions of District Chair and Treasurer are being accepted. Please contact Sharon Nuzik ([sharon\\_nuzik@bshsi.com](mailto:sharon_nuzik@bshsi.com)) with nominations, or if you're interested in becoming more involved in the Central District. October is PT Month—we would like to return to the tradition of hosting a breakfast meeting and would like your thoughts on this idea; please e-mail me ([achanmcpvt2002@aol.com](mailto:achanmcpvt2002@aol.com)) with your comments/suggestions.

I hope you had a relaxing and fun summer! I look forward to seeing you soon.

*Anne H Chan, PT, MSPT  
Central District Chair*

## Northern District

Over the past calendar year, Northern District has offered "something for everyone" with a broad range of meeting topics in diverse locations throughout our district. Our casual dinner and summer planning event held at Peggy Belmont's home in Fairfax Station continues to be well-attended. Each July we invite everyone who has attended an event the previous year as well as anyone who has expressed an interest in getting more involved to come together to share ideas for programming. In the past year we offered meetings in Annandale, Vienna, Alexandria, Centreville, and Arlington. Topics ranged from updates in neuro rehab and SI joint dysfunction to an interactive evening on learning how to incorporate Tae Kwon Do approaches into clinical practice. In October, district members competed in and served as volunteers at the 10th Annual Walk to Fight Breast Cancer. Northern District also hosted a Clinical Instructor Credentialing course in Falls Church and a Geriatrics continuing education course, Dale Avers' "Improving Function for Older Adults Through Exercise—An Evidence-Based Approach," in Arlington (hats off to Continuing Education Chair Jeanine Kolman!). This fall, we will hold elections for two positions (District Director and Treasurer). Is this your year to get more involved? If you would like to nominate yourself or a colleague for these positions (or the open Chair position), please contact Nominating Chair Julie Edelson at [jedelsonptcie@aol.com](mailto:jedelsonptcie@aol.com). If you'd like to find out how you can get more involved, contact me at [jgundrum@nvcc.edu](mailto:jgundrum@nvcc.edu). We look forward to seeing you in the fall!

*Jody Gundrum, PT, PhD  
Interim Chair, Northern District*

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## Southwest District

The Southwest District is full of action. At the April 8, 2005, VPTA Board of Directors meeting, the Board voted to approve the division of the Southwest District. There are two stipulations to this approval. The first is that there needs to be a bylaw change, and the second is that each position must be filled for district officers, committee chairs, and work group chairs prior to the October meeting.

The present Southwest District boundaries are from Appomattox westward, which encompasses a vast geographical area. The proposed boundaries for the new district (Mountain) will be from Christiansburg westward (17 counties). The northern part of the old Southwest District (Valley) will be from Appomattox to Christiansburg (16 counties). The proposed name changes will be Valley for the northern part of the district and Mountain for the southern part of the district, as per approval from the Board of Directors on July 16, 2005.

The bylaw change is for Bylaw Article VIII, Section 1, A, 3, which states that: *The Board shall be composed of no fewer than ten, no more than seventeen members.* With the addition of a new district and an additional chair and director, both of which will serve on the Board of Directors (BoD), in the year when there is a president-elect, there would be 18 directors serving on the BoD. This bylaw change will need to be submitted to the general membership at the annual meeting in October 2005 for approval.

The district officer positions that need to be filled are for the Chair, Director, Secretary, and Treasurer. The committee positions are: Legislative, Nominating, Ethics, Membership, and Student Relations. The workgroups are: Conference, Practice, Research, Public Relations, Payer Relations, and Auction Captain. There are also representative positions that need to be filled for Affiliate SIG, Pediatric SIG, Program, and Technology.

So, we need each member in the Mountain District (from Christiansburg to Bristol) to step up and become actively involved in whatever capacity you are able to fulfill these requirements. Your district leaders have worked very hard to make this happen, so let's keep the ball rolling so the new district can be a success! Contact [kimsimms@aol.com](mailto:kimsimms@aol.com) or [TFerrier@selectmedicalcorp.com](mailto:TFerrier@selectmedicalcorp.com) to sign up for your position.

As of this writing, the Chair position for the Mountain District is to be filled by Debbie Clark, and the Treasurer is Lily Wescott. The Membership, Ethics, and PR Committees/Workgroups have also been filled.

Future district meetings are planned for:

September 13, 2005	Carillion Bedford Memorial Hospital, Bedford,
September 20, 2005	Johnston Memorial Hospital, Abingdon
November 15, 2005	Richfield Nursing Care Center, Salem
January 17, 2006	Garman and Proffitt Physical Therapy, Lynchburg
March 2006	Jefferson College of Health Sciences, Roanoke
May 2006	Lexington (tentative)
September 2006	Martinsville (tentative)

Refer to the VPTA Web site for future meeting dates and to confirm the locations at [www.vpta.org](http://www.vpta.org).

Should you have any questions regarding the Southwest District, contact [TFerrier@selectmedicalcorp.com](mailto:TFerrier@selectmedicalcorp.com).

*Kim Simms, PT  
District Director*

## Tidewater District

The Tidewater District is looking forward to hosting the VPTA Conference in October in Portsmouth. This is an appeal for all members, especially those in the Tidewater District, to help in the solicitation of donations for the Silent Auction. We are also counting on volunteers for various duties to make the conference a success. If you want to volunteer your services, or make donations for the auction, contact:

Marilys G Randolph  
Telephone: 757/727-5260  
E-mail: [marilys.randolph@hamptonu.edu](mailto:marilys.randolph@hamptonu.edu)

The auction contributes a sizable amount of money for the chapter. A successful auction is essential to continue to serve the interest of the membership and the profession in the state of Virginia. **Get involved and be ready to have fun at the auction! Tell your friends and family!**

## Student Report from the Boston APTA Conference

No words can explain the excitement I felt upon arriving at the convention center in Boston for PT 2005: Annual Conference & Exposition of the American Physical Therapy Association (APTA). The halls were filled with the chatter of everyone meeting and greeting as well as the bright displays of the vendors preparing to inform us of the new technology available to the profession. By receiving the APTA student stipend, I was afforded the opportunity to be in a room filled with such pioneers to the field of physical therapy as Helen Hislop, Florence Kendall, John Echnach, Dan Riddle, Steven Wolf, Stanley Paris, and Jules Rothstein. It allowed me to be a part of the standing ovation for Jules Rothstein as he walked down the aisle during the Mary McMillan Lecture. The cheers...the tears...unbelievable! I witnessed Michael Cibulka donating his monetary gift from the Jack Walker Award to the Liver Foundation in honor of Jules Rothstein. It was nearly impossible to hold back the tears during his presentation. Academically, I had the opportunity to learn a great deal from Scott Irwin and Kenda Fuller from their lectures, about research opportunities from the Foundation, and about all of the products available and the great research that is being done to help the profession grow, while in the exhibit hall. These are just a few of the highlights from this invigorating conference.

During the entire conference, I was surrounded with such positive energy and encouragement making it impossible to leave without feeling a renewed sense of individual purpose in the physical therapy profession. I can go on and on, but to sum it all up, you just had to be there. These events determine if you are going to just be in the profession or be an integral part of its growth and development. During her Mary McMillan Lecture, Rebecca Craik urged us to "never be satisfied with mediocrity in the profession and always look for the why and what can I do." There is always room to advance, questions that need to be answered, and opportunities to make a positive contribution to our patient's care. This was ever so apparent during the conference. Through the compilation of all that was around me I was able to meet so many people, to learn the appropriate roads to take to make my contribution to the profession, and to show that I am actively ready to take part in the APTA Vision for 2020. I would like to thank the APTA members for this opportunity, and encourage everyone that has not attended a conclave, conference, Combined Section Meeting (CSM), or retreat to come out, meet the leaders, learn what you can do, and find out how important each and every member of the physical therapy profession is to its future growth as a "doctoring," evidence-based profession. Thank you.

*Leah D Frazier, SPT  
Hampton University, Class of 2006*



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## Shenandoah University PT Student Experiences Life in India

Life-green cream of chicken soup, women in brightly colored saris, overcrowded city streets, and constant heat: These are a few of my memories of India. My trip to India was an unexpected surprise. In my final year of physical therapy school at Shenandoah University, I applied to the University's spring break Global Citizenship Program. The Global Citizenship Program is a brand new initiative at Shenandoah University. The goal of the program is to develop understanding between cultures. For people who love to travel, love to experience different cultures, and love to learn, this program is just the ticket. The University sent 50 students, faculty, and staff, to five countries. I was sent to India.

During my trip, I experienced the culture of India and I ate my fill of spicy curry. I visited numerous Hindu temples. I saw tsunami relief efforts. I also learned a bit about the practice of physical therapy in India. I spent an entire day at an Indian physical therapy school. Indian classrooms are much like Shenandoah's: small and filled with eager students. The Indian student I talked to was familiar with the work of Frank Netter and Florence Kendall. Conspicuously missing from the Indian school were computer labs, PowerPoint projectors, and a state-of-the-art treatment lab filled with plinths.

What struck me with the greatest force was the fact that physical therapists everywhere are very creative and caring people. One Indian physical therapist described how he constructed parallel bars out of lumber from a demolished hut to treat a gentleman in a nearby village. Another physical therapist described a hand brace constructed out of surplus hospital tubing. My trip to India was an unexpected bonus to my final year at Shenandoah. It was an experience that will influence the rest of my life.

*Meredith Roberts, SPT  
Shenandoah University, Class of 2005*

## Shenandoah University PT Students Volunteer for Amputee Kids Camp

Words cannot express what an amazing journey being a counselor at this year's 5-day Amputees Coming Together (ACT) Kids Camp in beautiful Bryson City, North Carolina, was for us. We were surrounded by 31 extraordinary children in the surreal landscape of the Smokey Mountains. The camp activities included white water rafting, tubing, water skiing, canoeing, swimming, a high ropes course, horseback riding, gem mining, bowling, and other team-building games and activities.

Each child brought a unique history and outlook to this camp, which they openly shared both through their words and actions. Throughout this experience, we not only fell in love with each adorable face and infectious personality, but were struck by the determination, drive, fearlessness, and encouragement of peers that was exuded by each child. Though the loss of one or more limbs was the common theme that brought these children together, these kids cannot be described as disabled. To be disabled implies that a physical impairment exists which limits a major life activity. These children are far from limited, and demonstrated this by climbing a 40-foot tower, riding a horse, water-skiing, white water rafting, and so much more, all without use of one or more limbs and all with a smile.

We were honored to be a part of this program. The ACT camp offers a haven which these children fully deserve; an environment that allows them to conquer their fears, experience things most never dreamed they would, and meet an abundance of new friends who understand, accept, and encourage them. This 5-day adventure camp provided an excellent opportunity for the campers to be exposed to their peers who are facing similar challenges, and to witness each other confront and overcome barriers with enthusiasm and encouragement. Whether or not the kids were return campers or first-time campers, each one pushed boundaries and accomplished something new—tested a belief, made a friend, or achieved a dream.

*Jen Harrison, SPT, Johanna Beuhring, SPT, Class of 2006  
Missy Wolff-Burke, PT, Director, ACT Kids Camp  
Shenandoah University  
Winchester, Virginia*

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## In Search of Volunteers in Haiti

I am requesting your assistance with a project aimed at developing and improving physical therapy services in Haiti.

I participate in medical mission trips to Haiti with Salva Vida, a Richmond-based nonprofit group. Our team has both surgical (orthopedic) and medical components. Haiti is the poorest country in the Western hemisphere, and the Haitian people severely lack medical care. Physical therapy does not formally exist there, but it is definitely needed.

Shaun Cleaver, a Canadian PT with Healing Hands for Haiti, and I are creating a database of PTs/PTAs from North America who participate in medical mission trips to Haiti. Our short-term goal is to develop an exchange where PTs/PTAs experi-

enced in volunteering in Haiti and medical/surgical groups in need of a PT/PTA for Haiti missions can find/dialogue with one another. Our long-term goal is to develop the profession of physical therapy in Haiti through education.

If you know of any PTs/PTAs who volunteer in Haiti, please contact me. If you have any other pertinent information that can help me in my search, please contact me as well. Thank you for your assistance; it is very much appreciated.

*Anne H Chan, PT, MSPT  
Central District Chair  
804/304-0061  
pretndr525@aol.com*



SU physical therapist students and faculty at the "O" course (Obstacle) at the Quantico Marine Base.

## SU Students Experience Physical Therapy in the Military

On June 6, 2005, Dr Melissa Wolff-Burke accompanied 12 first, second, and third year PT students from Shenandoah University in Winchester to the Quantico Marine Base in Virginia. The purpose of the day trip was to assist the medical and physical therapy staff with physical evaluations. Marine candidates from all over the country came to Quantico to participate in the Officer Candidates School (OCS). Shenandoah students performed running shoe evaluations, assisted with physical therapy intakes, observed evaluations, and taught stretches and exercises to the candidates. Under the direction of physical therapist Commander Michele Weinstein, we got a taste of what it was like to be a PT in the military. Unique to this environment is the ability to order plain films and prescribe medications. We also saw how the military uses the unique talents of athletic trainers, PTAs, and PT techs. Despite the immense heat and humidity in the non-air-conditioned building, this volunteer day provided us with great experience and insight into the life of a military PT and some of the rigorous training that the troops go through to serve the country. It was a special day for us to be volunteering and serving the military, and it coincided with the 61st anniversary of D-Day.

*Karen Kupelian, SPT  
Shenandoah University Division of Physical Therapy*

## International Research Abstract for VPTA Member Jim Bezell

Congratulations to James R Bezell, CPT, MS, OCS, FAAOMPT, ATC, the clinical site coordinator at University of Virginia-HealthSouth in Charlottesville, and colleagues, whose abstract was accepted for the July 2005 International Meeting On Advanced Spine Techniques held in Banff, Germany. The abstract was titled "Modeling distractive extension injuries of the cervical spine with Wial sectioning of anatomic structures: a radiographic and finite element analysis." Authors of the abstract are Wein S, Bezell J, Del Bruno M, Rockwell R, Francke E, Anderson D, Shen Fin.

## Pediatric Special-Interest Group (PSIG) Continuing Education Information

The 8th Annual Advanced Clinical Practice Course for pediatric physical therapists will be held November 4-6, 2005, at the Embassy Suites Hotel and Conference Center in Cary, North Carolina, near Raleigh, Durham, and Research Triangle Park. Also, in January 2006, "Providing Physical Therapy in Schools Under the IDEA" will be presented in Denver, Colorado. More information on these conferences can be obtained at the APTA Section on Pediatrics Web site at [www.pediatricapta.org/members/pedsmeetings2.cfm](http://www.pediatricapta.org/members/pedsmeetings2.cfm).

### VPTA Partners

We are proud of our VPTA Partners. Please visit our partners' Web sites through the links on our Web site at [www.vpta.org](http://www.vpta.org), and remember to thank them for their ongoing support.

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## New Members

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Alan Jackson, SPTA  
Andrea Loffredo, PT  
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Elizabeth Inskeep, PT  
Reshma Ramesh Karia, PT  
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Le-Morawa, PT  
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Nielsen Magracia, PT  
Guy Majkowski, PT  
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Shelly Muhlenkamp, PT  
Ashima Narayan, PT  
Amy O'Malley, PT  
Suzanne Pasquini, PT  
Lori Rosensweig, PT  
Sandra Staples, SPTA  
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Krista Leake, PT

Kendra McReynolds, PT  
Paige Vespa, PT  
Mary Ellen Woods, PT

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Kelley Bunker, SPTA  
Carrie Case, SPT  
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Dawn Gaimaro, PT  
Jessica Harris, SPTA  
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Kathryn Newsom, SPT  
Christine Robinson, SPTA  
Jeremiah Samson, PT  
Morgan Semenchuk, PT  
Sandra Trevillian, PT  
Catarina Valtierra, PTA  
Thomas Watter, PT

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## Affiliate Special-Interest Group (ASIG) Report

ASIG officers and members are rethinking some of the strategies that were put in place last year and expect many changes for 2006. Accomplishments in the past year include visiting the PTA education programs, updating and making available contact information for ASIG officers and district chairs in both the ASIG newsletter and on the Web site, and working with the conference committee to obtain a PTA-related speaker/course for the 2004 VPTA Annual Conference. The ASIG is currently planning to sponsor continuing education courses geared towards the PTA for 2005 and 2006.

*Sarah Schmidt, PTA  
ASIG Chair*

## Pediatric Special-Interest Group (PSIG) News

Please join us October 21-23, 2005, in Portsmouth for the VPTA 2005 Annual Conference. Leslie McKibben, PT, will present "Rehabilitative Approaches to Obstetrical Brachial Plexus Injury" on Saturday and Sunday.

The 2005 PSIG Business Meeting and Dodi Driscoll Roundtable will be held Friday, October 21, from 6:45 pm to 8:00 pm. We will be featuring a panel discussion on the III STEP—Linking Movement Science With Intervention Conference held in July in Utah.

The Tidewater District has two new PSIG leaders. Holly Cutright and Andrea Breckner will be working together and are looking forward to serving the organization.

The PSIG Web site continues to be updated on a monthly basis, so please check in for the latest announcements and for general information.



## 2005 NATIONAL DUES

Active (PT).....	\$265.00	Student (PT or PTA) .....	\$80.00
Affiliate (PTA).....	\$180.00	Active-Student (Post-professional)* .....	\$150.00

### 2005 CHAPTER DUES

### CORRESPONDING DUES\*\*

### 2005 SECTION DUES

NOTE: Simultaneous payment of national and chapter dues is required. You must belong to the chapter of the state in which you live, work, or attend school or of an adjacent state if more active participation is possible.

CHAPTERS	ACTIVE	AFFILIATE	STUDENT	ACTIVE-STUDENT*	CORRESPONDING DUES**	
					(OPTIONAL)	
Alabama	\$140	\$65	\$5	\$5	AL	\$65
Alaska	75	30	8	30	AK	75
Arizona	140	84	0	140	AZ	140
Arkansas	115	55	0	50	AR	50
California	245	156	23	100	CA	120
Colorado	130	80	20	65	CO	65
Connecticut	120	60	10	10	CT	60
Delaware	90	40	15	15	DE	50
DC	50	25	25	25	DC	25
Florida	135	85	10	75	FL	100
Georgia	105	52.50	7	7	GA	70
Hawaii	75	38	0	0	HI	0
Idaho	75	50	10	10	ID	10
Illinois	150	75	10	10	IL	0
Indiana	110	60	0	0	IN	110
Iowa	135	65	20	65	IA	70
Kansas	80	45	10	30	KS	40
Kentucky	105	75	0	50	KY	105
Louisiana	125	94	0	25	LA	50
Maine	70	35	0	0	ME	15
Maryland	120	60	0	75	MD	60
Massachusetts	120	60	24	60	MA	120
Michigan	125	65	10	100	MI	100
Minnesota	140	60	10	10	MN	50
Mississippi	100	50	10	10	MS	50
Missouri	110	85	10	50	MO	40
Montana	100	50	0	50	MT	50
Nebraska	75	40	0	0	NE	0
Nevada	100	80	0	50	NV	50
New Hampshire	70	35	10	10	NH	10
New Jersey	145	80	15	75	NJ	50
New Mexico	60	30	5	5	NM	30
New York	180	115	5	110	NY	180
North Carolina	105	70	0	0	NC	50
North Dakota	45	25	0	45	ND	23
Ohio	170	99	10	50	OH	48
Oklahoma	100	65	10	10	OK	20
Oregon	100	55	15	50	OR	50
Pennsylvania	140	100	5	50	PA	70
Puerto Rico	20	10	0	0	PR	0
Rhode Island	80	40	10	50	RI	25
South Carolina	100	60	5	100	SC	50
South Dakota	50	40	0	25	SD	0
Tennessee	100	67	0	60	TN	25
Texas	135	83	10	100	TX	100
Utah	50	25	5	5	UT	5
Vermont	60	40	0	0	VT	20
Virginia	85	60	0	50	VA	75
Washington	125	82	0	40	WA	50
West Virginia	90	60	10	25	WV	25
Wisconsin	156	79	15	90	WI	45
Wyoming	60	38	0	30	WY	20

SECTIONS	ACTIVE	AFFILIATE	STUDENT	ACTIVE-STUDENT*
<input type="checkbox"/> Acute Care (I)	\$35	\$17	\$6	\$35
<input type="checkbox"/> Aquatic Physical Therapy (G)	35	25	20	20
<input type="checkbox"/> Cardiovascular & Pulmonary (L)	40	20	10	20
<input type="checkbox"/> Clinical Electrophysiology (K)	35	25	5	5
<input type="checkbox"/> Education (C)	50	35	15	15
<input type="checkbox"/> Geriatrics (P)	45	35	15	15
<input type="checkbox"/> Hand Rehabilitation (S)	35	25	10	21
<input type="checkbox"/> Health Policy & Administration (Y)	50	30	10	30
<input type="checkbox"/> Home Health (B)	35	25	10	10
<input type="checkbox"/> Neurology (N)	40	20	15	15
<input type="checkbox"/> Oncology (T)	35	20	10	10
<input type="checkbox"/> Orthopaedic (J)	50	30	15	15
<input type="checkbox"/> Pediatrics (H)	55	35	20	35
<input type="checkbox"/> Private Practice (E)	175	105	50	150
<input type="checkbox"/> Research (D)	35	25	5	5
<input type="checkbox"/> Sports Physical Therapy (F)	50	50	15	15
<input type="checkbox"/> Veterans Affairs (R)	25	18	8	15
<input type="checkbox"/> Women's Health (M)	50	25	25	25

### VOLUNTARY CONTRIBUTIONS

- World Confederation for Physical Therapy:  \$5.00  
 Other \$\_\_\_\_\_
- PT—Political Action Committee (PTPAC):  
 \$25.00  \$50.00  \$75.00  \$100.00  
 Other \$\_\_\_\_\_
- Foundation for Physical Therapy:  
 \$10.00  \$25.00  \$50.00  \$100.00  
 \$250.00  Other \$\_\_\_\_\_
- Minority Scholarship Fund:  
 \$25.00  \$50.00  \$100.00  
 Other \$\_\_\_\_\_

\* Master's or doctoral student who is enrolled full time in a non-entry-level program and who already has an entry-level degree in physical therapy.

\*\* Corresponding dues are optional and entitle current APTA members to participate in additional chapters. These dues are in addition to your 2005 chapter dues.

Membership dues include \$12 subscription to *Physical Therapy*; \$10 subscription to *PT—Magazine of Physical Therapy*; \$50 subscription to *PT Bulletin Online*. Contact APTA for nonmember rates. Membership dues may be deductible in part as a business expense. They are not deductible as a charitable contribution for income tax purposes. See your tax advisor for details.



**Set Your Sails for Portsmouth**  
**Earn 16.75 Type I contact hours in one weekend!**  
**Attend VPTA'S 2005 Annual Conference**  
**October 21-23**  
**Portsmouth, Virginia**  
**Register on-line at [www.vpta.org](http://www.vpta.org)**

**Drop Anchor to:**

- ✦ Earn 16.75 Type I contact hours
- ✦ Hear nationally known speakers
- ✦ Visit the Exhibit Hall
- ✦ Network with peers
- ✦ Elect your VPTA leaders
- ✦ Savor the Auction

**Exhibit Hall & Reception**  
**Catch up with Your Peers!**

Enjoy networking, vendor tables, research posters, cocktails, and hors d'oeuvres at the Friday evening reception kick-off for a weekend of education and networking. [Exhibits Friday evening only.]

**Issues Forum**

**Make Your Voice Heard, Meet the Candidates and More!**

This forum provides opportunities for stimulating discussions on topics impacting your profession and you as a professional. Hear about the APTA House of Delegates, meet VPTA's candidates for office and for 2006 delegates, and express your opinions on a variety of topics.

**Elections**

**Cast Your Ballot!**

Drop by the voting room after the Issues Forum or Saturday morning to vote for VPTA officers and 2006 delegates. If you are unable to attend and cast your ballot, you may request an absentee ballot on-site or through [vpta@apta.org](mailto:vpta@apta.org). [Deadline Oct. 1]

**Business Meeting & Lunch**

This luncheon meeting gives you a great opportunity to learn about and discuss chapter affairs and to actively participate in your Chapter's activities. Don't miss it!

**Auction & Reception**

Your conference registration includes a ticket to attend the Auction on Saturday night. Enjoy social time, heavy hors d'oeuvres, cocktails, and lots of laughs during the bidding excitement. Auction item prices begin at the inexpensive level and are affordable for all.

**Special Events**

**PAC Luncheon with Keynote Speaker from State Legislature**

On Friday, enjoy a great buffet luncheon, a keynote address from a state legislator, and good company while supporting your Political Action Committee. Tickets: \$30 each. Clip the enclosed coupon at the bottom of the registration form and mail your check to VPTA-PAC. (Separate address.)

**Special Interest Groups Meetings**

The **Affiliate Special Interest Group (ASIG) Pediatrics Special Interest Group (PSIG)**, the **Student Special Interest Group (SSIG)**, and other groups will meet Friday, 6:45 – 8:00 p.m.

**Hotel Information**

**Renaissance Portsmouth**

425 Water Street  
Portsmouth VA 23704

[www.renaissanceportsmouth.com](http://www.renaissanceportsmouth.com)

**VPTA Rate & Reservations: \$99**

**Make your reservations early!** Be sure to identify yourself as a Virginia Physical Therapy Association registrant. Call 757/673-3000 **by September 21**. After that date, rate and availability cannot be guaranteed, and will be on a space-available basis.

**\*\*Register online at [www.vpta.org](http://www.vpta.org) and for more information and updates\*\***

**Conference Schedule**

**Thursday, October 20, 2005**

7:00 - 9:00 pm Pre-Registration

**Friday, October 21, 2005**

7:00 - 8:00 am Registration

8:00 am - 4:00 pm Sessions

4:15 - 5:15 pm Research

4:45 - 6:45 pm Exhibit Hall

and Opening Reception

5:00 - 6:00 pm Registration

6:45 - 8:00 pm SIG Meetings

8:00 - 10:00 pm Issues Forum

**Saturday, October 22, 2005**

7:00 - 8:00 am Registration

8:00 am - Noon Sessions

Noon - 2:00 pm Business Lunch

2:15 - 5:30 pm Sessions cont.

5:45 - 9:30 pm Auction/Reception

**Sunday, October 23, 2005**

8:00 - 11:00 am Sessions cont.

and conclude at 11 a.m.



## Friday Concurrent Sessions--Choose ONE

### **Clinical Tract I:**

#### **DVT/Neuroanatomy**

#### **2-part session: A & B**

#### **A: [am] Differentiation and Management of Deep Venous Thrombosis**

**Speakers:** *Dan Riddle PT, PhD, FAPTA*

*Steve Tepper, PT, PhD*

**About the Session:** This course will address the epidemiology, risk factors, pathophysiology, differential diagnosis, medical management and treatment of a deep venous thrombosis (DVT) and pulmonary embolus (PE).

**Objectives:** \* List the epidemiology, pathophysiology and risk factors for deep venous thrombosis (DVT).

\* Explain the clinical manifestations (signs/symptoms) of DVT and pulmonary embolism (PE). \* Explain the usefulness of clinical decision scale for determining likelihood of a DVT.

\* Explain when to refer onto a physician. \* Identify the primary medications and physical devices used to prevent and treat DVT and pulmonary embolism. \* Use evidence in the literature to determine if early activity increases risk of adverse effects following the diagnosis of DVT.

#### **B: [pm] Functional Neuroanatomy**

**Speaker:** *D. Michael McKeough, PT, EdD*

**About the Session:** This presentation focuses on the neuroanatomy underlying the control of voluntary movement. Specific attention will be focused on the motor system, somatic sensory system, and vestibular systems. In general, the motor control system is concerned with controlling two primary aspects of movement: independent limb manipulation, and posture and balance. The somatic sensory system is concerned with detecting two types sensory information: discriminative touch,

vibration, and body position as well as pain and temperature. The vestibular system has two primary functions: maintaining posture and balance under static and dynamic conditions and maintaining a stable visual image while the head is moving

**Objectives:** \* Describe the functional organization of the dorsolateral and ventromedial motor systems \*Describe the clinical effects of lesions at various levels of the motor system \* Describe the functional organization of the dorsal column-medial lemniscal and anterolateral sensory systems \* Describe the clinical effects of lesions at various levels of the somatic sensory system \*Describe how posture and balance are maintained under static and dynamic conditions \*Describe how we maintain a stable visual image while the head is moving

### **Clinical Tract II:**

#### **Reducing the Risk of Falls in the Elderly (Part I)**

**Speaker:** *Leslie Allison, MS, PT*

**About the Session:** This course is designed for physical therapists and assistants working with fall-prone older adults. It is especially geared to those who have had little or no previous specific coursework on fall-risk reduction, or who want to place their existing knowledge about balance tests and treatments into a cohesive framework for systematic application to geriatric clients with a history or high risk of falls. The first half of the course will focus on evaluation, including comparison of healthy versus at-risk older adults, screening tests, multiple sensory and motor impairment measures, problem identification and goal-setting. The second half of the course will cover the design, implementation and progression of individualized intervention plans. Emphasis will be placed on testing and treatment methods that are

theory-based and strongly supported by research findings. Instruction will be provided by lecture, videotapes, demonstrations and case studies.

**Objectives:** \* Select and perform screening tests to identify older adults at risk for falls \* Select and perform multiple sensory and motor impairment tests \* Generate a balance-specific problem list and set outcome goals \* Discuss the evidence supporting balance exercise interventions. \* Incorporate motor learning principles in exercise interventions. \* Design balance exercise interventions for fall-prone older adults. \* Adapt and progress balance exercises to match patient ability levels.

### **Ethics Session:**

#### **Ethics in the Trenches: Strategies for Taking Action in Clinical Practice**

**Speakers:** *Dianne Jewell, PT, PhD, CCS, FAACVPR,*

*Lisa Shoaf, PT, PhD, and Shawne Soper, PT, MBA*

**About the Session:** Physical Therapists and Physical Therapist Assistants have a foundation in ethical principles, but may face clinical situations in which it is difficult to act. This course will address strategies to develop and support the moral courage necessary for action on ethical issues. The participants will apply these strategies through case scenarios and develop a plan of action for clinical practice.

**Objectives:** \* Discuss common ethical situations in physical therapy practice \* Identify and utilize resources to support ethical decision making and action \* Assess his/her ability to act on ethical issues

\* Utilize an ethical decision making framework as part of a strategy to overcome barriers to action.



## Saturday-Sunday, Concurrent Sessions

### **Clinical Tract II (Part II) Reducing the Risk of Falls in the Elderly**

**Speaker:** *Leslie Allison, MS, PT*

**About the Session:** Refer to Friday session description

### **Clinical Tract III: An Anatomical & Biomechanical Approach to Evaluation & Treatment of the Shoulder Complex**

**Speaker:** *Bryan Romig, PT*

**About the Session:** Successful examination and development of treatment interventions of the shoulder complex requires the clinician to have a comprehensive understanding of the anatomy and biomechanics of the region. With this understanding and a problem-solving approach, the clinician will be able to accurately determine the source(s) of the patient's symptoms and formulate an effective treatment scheme that focuses on correction of the underlying problems versus symptom relief. This presentation is designed for physical therapists and physical therapist assistants of all skill levels who have exposure to the orthopedic population. The first

portion of the course focuses on a comprehensive overview of the anatomy and biomechanics of the shoulder complex followed by evaluation considerations and treatment intervention strategies for non-operative and post-operative management of commonly seen orthopedic conditions.

**Objectives:**

- \* Describe the anatomical and biomechanical interaction of the various components of the shoulder complex.
- \* Discuss the anatomical and biomechanical considerations that often contribute to the development of shoulder complex imbalances.
- \* Describe the basic causes of many orthopedic conditions referred to physical therapy.
- \* Perform an appropriate orthopedic examination utilizing and anatomical and biomechanical approach.
- \* Describe the common orthopedic shoulder complex conditions and their conservative and post-operative management.
- \* Design a comprehensive treatment program based upon anatomical/biomechanical principles as well as muscle activation patterns.

### **Clinical Tract IV: Rehabilitative Approach to Obstetrical Brachial Plexus Injury**

**Speaker:** *Leslie McKibben, PT*

**About the Session:** This course is designed to provide pediatric therapists with information regarding evaluation and treatment approaches for children with Brachial plexus injuries. It is especially designed for those with minimal to moderate experience with pre-operative rehabilitation, available surgical techniques and the rehabilitative process that follows.

**Objectives:**

- \* Identify history, types, and incidence of BPI.
- \* Identify the various types of brachial plexus injuries.
- \* Explain the evaluation process for children with BPI.
- \* Formulate treatment plans for a variety of BPI injuries.
- \* Discuss and include in their practice innovative techniques including Threshold Electrical Stimulation, NMES, and kinesiotaping methods specific for those children with BPI.
- \* Explain the effects of hydrotherapy and its use in treatment of BPI.
- \* Identify surgical vs. non-surgical children and their respective therapy programs.

## About the Speakers

**Leslie Allison, PT**, is a physical therapist and a doctoral candidate in the Department of Kinesiology at the University of Maryland, having received her Masters degree in Motor Control/Learning from Oregon State University in 1997. Her research explores potential deficits in multisensory integration in fall-prone older adults and the efficacy of balance retraining exercises for the remediation of such deficits. Leslie's clinical practice focuses on neurologic and geriatric patient populations, with a special interest in postural control/balance, motor control and motor learning. Leslie co-authored the chapter on Balance Disorders in D. Umphred's *Neurologic Rehabilitation* text. She has taught undergraduate and graduate courses, as well as numerous continuing education courses in the US and Canada on the topic of "Reducing the Risks of Falls in the Elderly". Leslie is recognized for her ability to share her experience and knowledge with others, while incorporating sound adult learning strategies.

**Dianne Jewell, PT, PhD, CCS, FAACVPR**, is Assistant Professor in the Department of Physical Therapy at Virginia Commonwealth University (VCU) and former Director of Quality Management at Sheltering Arms Physical Rehabilitation Hospital (Richmond, VA). Dr. Jewell completed her bachelor of arts in history at Williams College in 1984, her master of science in physical therapy at Boston University in 1988, and her doctor of philosophy in health services research and organization at VCU in 2003. She was certified as a cardiovascular and pulmonary clinical specialist in 1994 and recertified in 2004. Dr. Jewell is president of the Cardiovascular and Pulmonary Section of APTA.



**D. Michael McKeough, PT, EdD**, received his doctorate in Neuroscience from Columbia University and his physical therapy degree from the Medical College of Georgia. He has twenty years experience as a university professor and 16 years experience as a clinician. He is currently Associate Professor of Physical Therapy at Shenandoah University where he teaches Functional Neuroanatomy, Adult Neurotherapeutics, and Motor Learning/ Motor Control. Dr. McKeough's neuroanatomy text, 23 publications, and 35 professional presentations deal with technology-based teaching innovations and the integration and application of basic science information. In addition, he serves as Director of Aquatic Rehabilitation at the Winchester Rehabilitation Center. His patient-care experience includes acute, sub acute, rehabilitation, skilled nursing, aquatic and home care settings.

**Leslie McKibben, PT**, received her degree in physical therapy from Ithaca College. She received her eight-week NDT training in 1988. She has taught internationally on Threshold Electrical Stimulation, Life Plans for Disabled Children (20:4:80 courses), and Brachial Plexus Injuries. She was the vice president of the National Brachial Plexus Erb's Palsy Association and is the founder of a BPI support group. She currently is in private practice in Melbourne, Florida. And writing a book on brachial plexus treatment approaches.

**Daniel L. Riddle, PT, PhD, FAPTA**, received his Certificate in PT from the University of Iowa in 1982 and PhD from Virginia Commonwealth University in 1997. He is currently the Otto D. Payton Professor of Physical Therapy at VCU and has been a member of the faculty for 20 years. Dan has published 43 peer-reviewed papers in a variety of journals and has published 4 papers describing the results of a federally funded study examining the accuracy of assessments of the presence of deep vein thrombosis in patients with musculoskeletal disorders. He is an Editorial Board Member for *Physical Therapy* and a reviewer for several other journals.

**Bryan L. Romig, MPT**, received his undergraduate degree from Gettysburg College and his Masters in Physical Therapy from Hahnemann University. Currently, he is the Clinic Manager at Spectrum Therapy in Waynesboro, Virginia where he coordinates the outpatient and home health services. During his 18 years of clinical practice, Bryan has concentrated his patient care on orthopedic/sports rehabilitation. He has had the very fortunate experience to interact with many of the leading clinicians in orthopedic medicine and rehabilitation. These exposures have fostered a passion for rehabilitation of the orthopedic patient with concentration on extremity conditions. Utilizing an anatomical and biomechanical approach, he has authored numerous orthopedic rehabilitation guidelines and has had the opportunity to be on faculty at Hahnemann University and Elon University in which he taught foundation and elective coursework. Over the past 6 years, Bryan has focused his lecturing on the area of evaluation and treatment of the shoulder complex and has been responsible for contributing to the continuing education development of more than 2000 clinicians throughout the United States. Bryan is currently pursuing his transitional DPT degree.

**Lisa Donegan Shoaf, PT, PhD**, is an Assistant Professor and the Director of Clinical Education in the Department of Physical Therapy at Virginia Commonwealth University (VCU) since 1992. She has practiced actively in the clinical setting for 23 years, primarily in outpatient orthopedics. She has taught the ethical and professional behaviors content in the curriculum at VCU for several years. She has been a member of the Board of Physical Therapy of Virginia for 5 years, serving on the legislative and special conference committees. In addition, Dr. Shoaf is a credentialed trainer for the APTA Clinical Instructor Credentialing Course.

**Shawne E. Soper, PT, MBA**, is a Therapy Director for Sheltering Arms in Richmond, Virginia. She has responsibility for PT, OT, and SLP services in the area Bon Secours facilities, providing clinical, financial, program development, and operational leadership. She also provides consultation services to other area facilities. Shawne is a Certified Aging in Place Specialist and a managing partner for Adaptable Home Designs. She specializes in evaluating clients' mobility and function in their home environment then recommending and implementing adaptations to facilitate aging in place. She obtained her Bachelor's in Physical Therapy from East Carolina University, a Certificate in the study of Bioethics from Georgetown University, and a Master's in Business Administration from Averett University. She serves as the chair of the Ethics Committee for Sheltering Arms and the Virginia Physical Therapy Association.

**Steven H. Tepper, PhD, PT**, received his B.S. in Physical Therapy from the University of Maryland. He taught at the University of Maryland's Physical Therapy Program while working on a PhD in Experimental Pathology. Presently, Dr. Tepper is a Professor in the Division of Physical Therapy at Shenandoah University. Dr. Tepper is the past President and past Research Chair of the Cardiovascular and Pulmonary Section of the APTA.

**VPTA Annual Conference: October 21 – 23, 2005**  
**REGISTRATION FORM \*\*\* register on-line at www.vpta.org\*\*\***

Name \_\_\_\_\_ Nickname on Badge \_\_\_\_\_  
 First VPTA Conference?  Yes  
 APTA Membership # \_\_\_\_\_ New VPTA Member?  Yes  
 (Join date Oct 1, 2004-present)  
 Address \_\_\_\_\_

Phone: W:( ) H: ( ) Fax:( ) E-mail: \_\_\_\_\_  
 I have special needs & may require accommodation in order to fully participate in this meeting.  
 I have special dietary needs (please specify): \_\_\_\_\_

I WILL BE ATTENDING:

**FRIDAY**  
*(6.25 Type I CE hours with 1 additional hour for attending research presentations)*

- Ethics
- Clinical Tract I
- Clinical Tract II Part1

**SATURDAY/SUNDAY**  
*(9.50 Type I CE hours)*

- Clinical Tract II Part2
- Clinical Tract III
- Clinical Tract IV

**SATURDAY**

- Business Lunch\*
- Auction\*\*

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Members: \$50 Refund! \* Bring a non-member PT or PTA to conference!  
 \* Refund payable on-site. Non-member name: \_\_\_\_\_

Deadline dates:	Early Bird 9/14	Advance 9/28	Onsite After 9/28 [Thru 10/10: send to VPTA]	Sat/Sun 9/28	Fri 9/28
PT Member	\$300	\$375	\$425	\$295	\$185
PTA Member	\$210	\$275	\$325	\$205	\$140
PT Nonmember	\$450	\$550	\$625	\$445	\$275
PTA Nonmember	\$300	\$375	\$425	\$295	\$210
Student Member	\$120	\$155	\$460	\$110	\$ 90
Student Nonmember	\$155	\$190	\$205	\$145	\$110
Business Lunch*	Guests: \$25 Students \$10				
Auction**	\$20 for each additional				

\* Lunch is included with PT/PTA Full & Sat/Sun Registration Fee  
 \*\* Auction ticket is included with PT/PTA Full & Sat/Sun Registration Fee

Additional business lunch tickets # \_\_\_\_\_ @ \$25 each: Total: \_\_\_\_\_

Additional Auction tickets # \_\_\_\_\_ @ \$20 each: Total: \_\_\_\_\_

Total Amount Enclosed: \_\_\_\_\_  Check payable to VPTA, or

Charge to:  VISA  MasterCard  American Express Card #: \_\_\_\_\_

Expiration Date: \_\_\_\_\_ Name on card: \_\_\_\_\_

Zip code for card billing address: \_\_\_\_\_ Signature \_\_\_\_\_

Please return your completed registration form and payment to:

OR FAX your Registration and payment (Credit Card Only) to:

Virginia Physical Therapy Association  
 Attn: Debbie Kelly  
 PO Box 327  
 Alexandria, VA 22313-0327

VPTA  
 Attn: Debbie Kelly  
 703/706-8575

Allow 2 weeks for processing.  
 Advance registration deadline is **September 28**. Full conference fees apply after that date.  
 Cancellations: A refund, less \$50 administrative costs, will be issued for *written* requests postmarked by Oct. 5. No refunds permitted after Oct. 5, 2005.

Clip Below  Clip Below

**PAC LUNCHEON AND CONTRIBUTION FORM**

**NOTE: Do not mail PAC form or check to VPTA.** This PAC Luncheon registration form is **separate** from the above Annual Conference form. **\*\*\*Do not mail PAC form or check to VPTA\*\*\***

Clip and mail with accompanying check (sorry—no credit cards) to:

VPTA-PAC, Sydney Sawyer, Treasurer  
 11907 Henderson Ct. Clifton VA 20124

- Yes! Count me in for the PAC luncheon on Friday!
- AND—Here's my additional PAC contribution!
- I'm unable to attend, but here's my contribution to PAC!

Name: \_\_\_\_\_ Phone: \_\_\_\_\_ E-mail: \_\_\_\_\_

Address: \_\_\_\_\_

# of tickets @ \$30 each: [ ] Additional PAC contribution: \_\_\_\_\_ Total: \_\_\_\_\_  
**Make check payable to VPTA-PAC**

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